

AMINA MUSLIM WOMEN'S RESOURCE CENTRE

Information Fact Sheet 1

Benefit money and community support for families

How do we find out what benefit money we could apply for?

If you have access to the Internet, then you could use a benefit calculator. The DWP (Department for Work and Pensions office) recommend using either: Policy in Practice, Entitled to or Turn2Us calculators. Links to them and more information are on the DWP website.

If you do not have Internet access or if you prefer to speak to someone on the phone you can:

- Contact your local Council and ask to speak to a Welfare Rights Officer. Most Councils have them and if not, they will give you details of who to contact
- Contact Citizen's Advice Scotland's helpline 0800 028 1456 or one of their local offices
- Contact a local or national charity who give information and support. Amina MWRC's Financial Advocacy Officer Alison can also provide this help. Please call 0141 212 8420 or email alison@mwrc.org.uk