

Amina Muslim Women's Helpline

How do I
find
help?

I need to
talk!

We're here to listen

FREE & CONFIDENTIAL

0808 801 0301

Scotland-wide service

- . Access Amina Services
- . Shaykh on the Helpline
- . Report a hate crime/incident
- . Telephone befriending
- . Email service: helpline@mwrc.org.uk

Weekdays

10am - 4pm



AMINA

The Muslim Women's
Resource Centre



The Scottish
Government
Riaghaltas na h-Alba



3rd Party
Reporting



Helpines
Partnership

Scot Charity No. SC027690

Reg in Scotland: SC432921